

Yan Chai Hospital Choi Hin To Primary School  
2024-25 1<sup>st</sup> Term General Studies Worksheet (4)

Name: Tiffany



Date: 10<sup>th</sup> October, 2024

Class: 5D ( 17 )

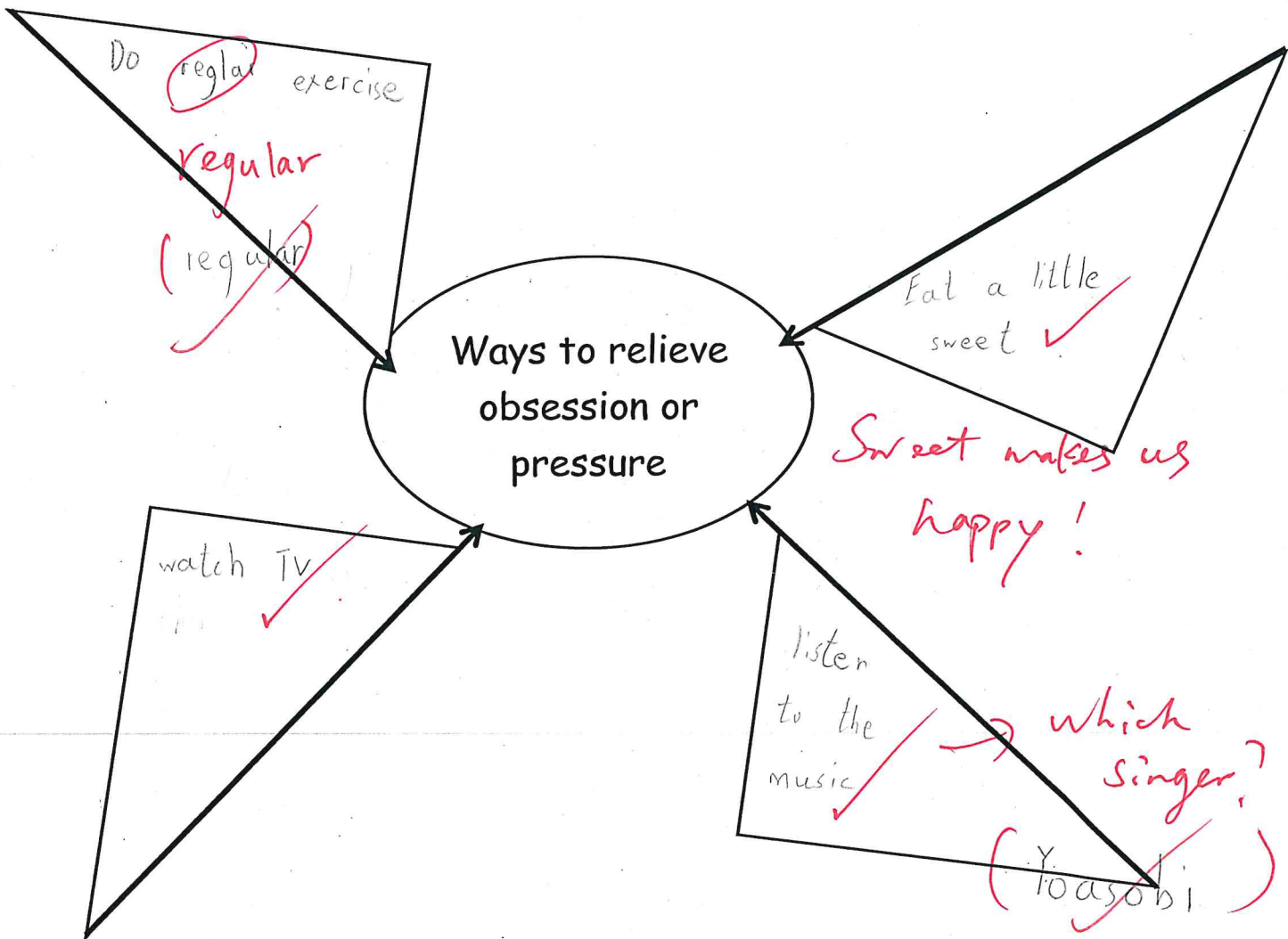
Grade: A-

Higher order thinking — Analysis and creativity: Alternative ways

5A Chapter 5 Be happier

1. What are the ways to relieve obsession or pressure? Write the answers in the spaces below.

p.48



2. Who do you talk to when you have obsession or pressure? Why?

I will talk to my parents, because they have a lot of experience, so they can give me some suggestions or solutions.

★ food!